

Healthy Recipes

Tomato, Corn and Avocado

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Ingredients:

1 (11 oz) can whole kernal corn, drained

1 (4 oz) can sliced black olives, drained

1 1/2 cups diced roma tomatoes

3/4 cup diced red onion

1 red bell pepper, seeded and diced

1 1/2 teaspoons minced jalapeno pepper

1 avocado, peeled, pitted and diced

2 tablespoons olive oil

2 tablespoons fresh lime juice

1 teaspoon salt

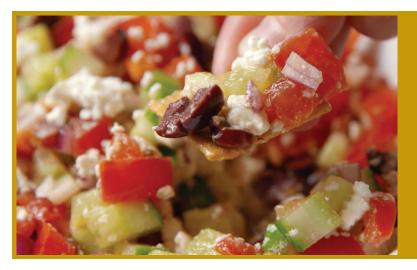
Wheat Thins Original Snacks, for serving

Prep Time: 30 minutes Cooking Time: N/A Cooling Time: N/A

Directions:

Mix together corn, olives, tomatoes, onion, red pepper, and jalapeno pepper in a large bowl. Gently fold in diced avocado, olive oil, lime juice, and salt.

Servings: 16



Quick, easy, colorful and delicious!