

Healthy Recipes APPETIZER



Ingredients:

- 8 oz mozzarella balls
- 2 tablespoons extra virgin olive oil
- 1 teaspon Italian seasoning
- 1/4 teaspon crushed red pepper flakes

kosher salt

- 24 cherry tomatoes
- 12 fesh basil leaves
- 1 cup balsamic vinegar

Prep Time: 20 minutes Cooking Time: N/A Cooling Time: N/A

Servings: 12

Directions:



In a small bowl, stir together mozzarella, olive oil, Italian seasoning, crushed red pepper flakes, and season with salt. Set aside.



Assemble skewers: Layer a cherry tomato, basil leaf, marinated mozzarella ball, and another cherry tomato. Place on your serving platter.



Make balsamic glaze: In a small saucepan or skillet, bring balsamic vinegar to a low simmer. Let thicken until syrupy, 15 minutes. Set aside to cool and thicken.

Drizzle skewers with balsamic glaze and serve.



This is the easiest appetizer that always wins.